

# Master the art of Zenlens®




Applying and removing your scleral lenses using devices.

**Reminder:** Always thoroughly wash and dry hands before handling your lenses.

## APPLICATION USING THE APPLICATION DEVICE

1		2		3	
	Place one clean lens in the center of your palm and rinse thoroughly with the preservative-free saline solution		Gently balance the lens on the open end of the application device and fill the lens with solution so that a rounded drop rises above the lens edge		Hold your eyelids open widely and set the lens on the center of the eye

## REMOVAL USING THE REMOVAL DEVICE

1		2		3	
	Drop 1 to 2 rewetting drops over your lens		<ul style="list-style-type: none"><li>• Moisten the top of the removal device with 1 to 2 drops of saline solution</li><li>• Gently attach the device to the lower edge of the lens</li><li>• Tilt the lens up and off your eye</li></ul>		<ul style="list-style-type: none"><li>• Clean, disinfect, and store your lenses and devices as recommended by your eye care professional</li><li>• Store your lenses in fresh solution</li></ul>



### START YOUR ZENLENS® SCLERAL LENS JOURNEY

Please follow your eye care practitioner's directions for use and care of your Zenlens® scleral contact lenses.

# Master the art of Zenlens®

Applying and removing your scleral lenses using your fingers.

**Reminder:** Always thoroughly wash and dry hands before handling your lenses.

## APPLICATION USING YOUR FINGERS



Place one clean lens in the center of your palm and rinse thoroughly with the preservative-free saline solution



Gently balance the lens on a platform formed with your thumb, index, and middle finger, and fill the lens with solution so that a rounded drop rises above the lens edge



Hold your eyelids open widely and set the lens on the center of the eye

## REMOVAL USING YOUR FINGERS



Drop 1 to 2 rewetting drops over your lens



- Over a lint-free towel, use the fingers of one hand to pull your upper eyelid up
- With your other hand, pull your lower eyelid down and then back up to get it under the lower edge of the lens
- Use the bottom eyelid to pop the lens off



- Clean, disinfect, and store your lenses as recommended by your eye care professional
- Store your lenses in fresh solution



### START YOUR ZENLENS® SCLERAL LENS JOURNEY

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